

SHIRE WATERBED SERVICE

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CUSTOMER NUMBER:

◇ HEATER

Waterbed heaters comply to rigid Australian Standards. Today the pad has a cut-off sensor, if the heater begins to malfunction the heater pad will stop heating.

Warming up period is approximately 36 hours:

	<u>Winter setting</u>	<u>Summer Setting</u>
Timber	30°C	29°C
Hybrid	28°C	27°C

It is important that the heater is not run below 26°C. Below 26°C temperature the water cools causing the vinyl to go cold which could cause cracks. In the summer months remove the doona 30-40 minutes prior to getting into the bed.

◇ WATERLEVEL

The water level is the most important aspect of a waterbed. The weight of the Torso is twice the weight of the legs causing the water to the foot end of the bed. This slightly elevates your legs.

Doctors recommend that you sleep with pillows under your legs to elevate them which will help reduce varicose veins and keep the blood in the torso, lungs, heart and brain. A waterbed does this naturally when properly filled and offers the best support for your back.

Water, H₂O, contains Hydrogen and Oxygen, the heater evaporates the water, creating air bubbles. When the air bubbles are released the volume capacity of the bladder is lowered. Therefore, it is important that you add 20 - 25 litres of water back into the bladder each 12 months.

By doing this you keep the bladder vinyl crease free. **CREASES CAUSE CRACKS, CRACKS CAUSE LEAKS.** An under filled bladder can also be uncomfortable to sleep on. The lower back, being the heaviest part of the body, sinks into the bladder, stretching the muscles. You wake up with a sore back.

Under filled bladders create creases. *Creases cause cracks.*

◇ MAINTENANCE

Whether you sleep on a waterbed, innerspring, futon, or a swag in the backyard, each night you perspire, losing approximately one cup of body oils also each twenty eight days you shed a layer of skin. The oils and skin in an innerspring feeds the dust mites living in the mattress. On a waterbed they go through the woolen cover, crystallize and come out as dust. One cup of body oil = 1 gram of dust. The dust is oil based and will soak into the vinyl, which causes the vinyl to harden. *Hard vinyl causes cracks.*

To prevent the vinyl from becoming hard and cracking the "2-2-2" Rule should be applied.

Every 2 months x 2 minutes, doubles the life of the vinyl. Therefore, every 2 months zip off the wool cover and wash it. Using either the specially formulated Blue Magic Vinyl Cleaner or dish detergent, wipe down the bladder, extract the air from the bladder.

Overall Maintenance

2 x months : 2-2-2 Procedure

6 x months : Conditioner

12 x months : Add water & Conditioner.

(Better than feeding the bed bugs)